START HERE

Large Print Blood Pressure Log Book Interior for KDP

A 110-page large-print blood pressure log interior: personal & medical info page plus 108 log pages with big, easy-to-read columns for date, time, systolic, diastolic, pulse and notes.

Trim size: 8.5" x 11"

Bleed: No bleed

Interior: Black & white

Pages: 110

Margins: 0.5" on all sides (KDP-safe)

File: Blood-Pressure-Log-Large-Print-8.5×11-Interior.pdf

Publish it on Amazon KDP in 6 steps

1. Open **kdp.amazon.com** and create a new **Paperback**.
2. Add your title, subtitle, description, keywords and categories.
3. On the Content page choose **Trim size: 8.5" x 11"**, **Bleed: No bleed**, and paper type **White** (or Cream for journals).
4. Upload **Blood-Pressure-Log-Large-Print-8.5×11-Interior.pdf** as your manuscript (110 pages).
5. Create your cover with KDP Cover Creator or Canva using KDP's cover template for your trim size and page count.
6. Launch the Previewer, check every page, then order a proof copy before you publish.

Make it yours (and stand out)

- Pick a specific audience in your title and cover, e.g. "Large Print Blood Pressure Log for Seniors".
- Design an eye-catching cover; it matters more than anything else in low-content books.
- Publish a few variations (different covers, sizes or themes) to build a series.

License: You may use this interior to publish and sell physical or digital books on Amazon KDP and other platforms, with your own cover. You may not resell, share or give away the interior file itself, or include it in templates, bundles or PLR packs. Always follow KDP's content guidelines.

WANT MORE LIKE THIS?

Get all 59 KDP products for $17, one time

This free interior is a taste. The **All 59 KDP Products Bundle** unlocks PLR packs, prompt packs, KDP courses, browser tools and publishing vaults in your account. Pay once, no subscription.

59	~~$932~~	$17
products unlocked right after checkout	if you bought them one by one	one-time payment, no subscription

Everything in the bundle

📦 **43 ready-to-publish PLR packs**
Holiday coloring, puzzle, kids activity books and planners with PLR rights, ready to publish.

🎓 **7 step-by-step KDP courses**
Niche & keyword research, uploading without rejections, A+ Content, pricing & royalties, copyright & AI safety, covers that sell, low-content interiors in Canva.

🛠️ **5 browser tools**
Coloring Page Cleaner, Coloring Book Builder, Puzzle Book Generator, Sticker Sheet Maker and Mockup Studio.

✨ **240+ ChatGPT prompts**
20 prompt packs for coloring pages, clipart, stickers, patterns, POD designs, wall art, storybook scenes, covers and KDP text.

📚 **150+ storybook templates for Canva**
Editable children's storybooks with PLR rights. Rebrand them and keep 100% of the profits.

💡 **19 idea vaults, prompt vaults & publishing tools**
Up to 1,860 ideas and prompts each, for fables, puzzles, mysteries, gift books, scavenger hunts, book promo videos and more.

📈 **KDP Niche Drop: 75 niches**
Researched niches with a linked top 10 and a ready-to-build book idea for each.

🔁 **Series & remix planners**
Fable Series Architect, Number Mystery Publisher Studio and Puzzle Product Remix Vault.

$932 **Bought one by one, these 59 products cost $932**
Get all of them for $17. One payment, no monthly fee, nothing to cancel.

All 59 KDP products · $17 once

Unlock everything above in your account right after checkout. No subscription, nothing to cancel.

Get all 59 products for $17 →